

# SEA INSIDE

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"Our bodies are as unknown to us as the ocean, both familiar and strange; the sea inside." P. Hoare

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## INTRODUCING THE BODY CODE AGE-DEFYING PROTOCOL

### Testimonials

#### Magic

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*"Thank you for the magical work you do! "*  
JG

#### Heart Issues

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*"I feel lighter and with a sense of happiness. Thank you!"*

JB

#### Contact:

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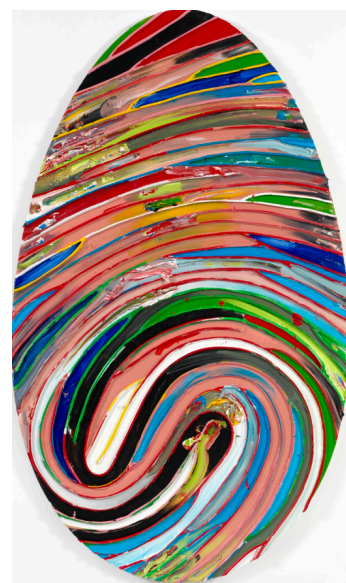
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SO WHAT IS THE  
CONNECTION BETWEEN  
AGE DEFYING AND THE  
BODY CODE?

It is big, really BIG!

I have designed a protocol of treatment that identifies the symptoms of aging and breaks those elements down to identify the culprits, the internal functioning of the body. By using the Body/ Emotion Code we ask what has caused problems like DNA becoming imbalanced and degenerating; organs, skin, hair, or eyes depleting energetically; and telomeres mutating, stem cells reducing in population - all contributing to less youthful body structures and less functioning systems. I go into the structure of the body to repair what has been misinterpreted, like the Chinese Whispers game, each cell getting a slightly different DNA coding message that eventually, over time, creates a very different cell



Fingerprint Painting by Marc Quinn

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## Testimonials

### Migraine

*"Thank you for last night. As you said, my migraine would lift in 3 hours and it did!"*

RS

### Sleep Issues

*"I just wanted to send you a quick note to thank you for our session the other day. It was really beautiful. I experienced such deep sleep and some heavy exhaustion in the couple days following, and then such a lightness and fluidity in my energy and how it moves through my body after that. I hope to book again with you soon, both for myself and my dog! "*

BF

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structure than you had in your youth. Once the blocks are removed that caused the imbalances, fresh Pranic energy and your intentions work together to create the new message in new building blocks, creating healthier DNA, all in line and intending to follow the 'rules of grammar' you were born with, so that intention of health, functionality, and youthfulness are reprogrammed into the body.

How do I do this?

Through an extensive AGE DEFYING scan, we address:

1. Mental attitude to aging vs. Mental attitude to health. The blocks are then removed.
2. I define the hormones that are in the highest state of imbalance. The treatment removes the blocks to their proper functioning, then allowing hormonal balance.
3. We determine not only your overall biological age (the age your system thinks you are) but also the individual age of each organ and system of your body. You can have a 20-year-old liver but a 100-year old stomach. Once the weakest body parts are identified by highest age, we can remove the blocks and imbalances that aged them, returning them to a more healthy functioning system.
4. The function of other biological systems is addressed. Why have your telomeres shortened? What state are you immune system cytokines? What are your growth factor rates and why did replication of cells decrease or become mutated? We will find the event, the age, the trauma that caused the disentangling. Was it from losing a loved one? A serious chronic illness you never totally recovered from? We will identify the and,

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through treatment sessions, remove the blocks and imbalances in the highest order. The processing will remove the reasons for petrified body parts of you, allowing the free flow of Pranic healing, nutrients, and oxygen so that life can be lighter, easier and with less pain issues.

You can choose to combine this treatment protocol with other protocols. It harmonises well with Weight Loss (highly effective), Chronic Illness, and Conscious Empowerment, to name just a few.

Now, for the brave amongst you, more science, validity, and just very interesting information, I must say:

Many clients come to me with labels of illnesses. IBS, arthritis, kidney disease; the list goes on. What if there was a way to stop organs and systems from aging by recognising what is crippling them before they become diseased?

What is the correlation for focusing on balance for health, rather than focus on the treatment of the disease? By addressing aged organs before they turn to diseased organs, we avoid the operations, the drugs, the disability — what old age has come to mean.

This is a way to create health, not treat disease. It is a paradigm shift.

Dr. Joe Dispenza, D.C., an international lecturer, researcher, author, and educator has revealed intensive research based on the Russian discoveries that DNA can be reprogrammed via frequencies. Frequencies are sounds, words are sounds, ERGO: DNA can be reprogrammed by words!

There is now proof that spontaneous and remote acts of healing can repair cells now evidenced in a new dimension of medicine in which DNA can be influenced and therefore, re-programmed without cutting and replacing a single gene. Up until now, we have only had an understanding of 10%

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functioning of DNA structure. What was not understood was called 'junk DNA'.

Dr. Dispenza goes on to interpret these findings by saying:

*"The Russian researchers, however, convinced that nature was not dumb, joined linguists and geneticists in a venture to explore the other 90 % - this "junk DNA." According to them, our DNA is not only responsible for the construction of our body but also serves as data storage and communication. The Russian linguists found that the genetic code, especially in the apparently useless 90%, follows the same rules as all our human languages. To this end, they compared the rules of syntax (how words are put together to form phrases and sentences), semantics (the study of meaning in language forms) and the basic rules of grammar. They found that the alkaline elements of our DNA follow a regular grammatical protocol and do have set rules just like our languages. So human languages did not appear coincidentally, but are a reflection of our inherent DNA."*

Anyone familiar with the water work of the Japanese scientist, Dr. Masaro Emoto, and how the power of human thought, sounds and intentions can strengthen or disempower water on a molecular level. Hopefully, now, one can take the leap of faith to understand that, not only are we 70% water, but that DNA now follows the rules of linguistics, so that our thoughts and intentions can change the structure of water and now, we learn, the structure of our DNA.

Why is that important for healing? As some of you know, I work much of the time by taking away blocks and imbalances that keep a statement from being true. For example, the statement, "I have a well-functioning cardiovascular system" is tested and if false, I remove trapped emotions, misalignments, vascular anomalies, etc. to the point where the statement is true. This allows a flow of healing Pranic energy where there was little or none. So, with a leap of faith, what if the statement is "My DNA replicates

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with the exact accuracy as it did when I was 28". What if we then removed the blocks, imbalances, and anomalies, etc. keeping that from being true? Imagine finding the reset button for the distorted, low functioning DNA patterns, or words, grammar, syntax, as described by the Russian scientists? If the 'sentence structure' of your DNA is straightened out again, would your muscles retain form and strength? Would your skin return to a supple and taut texture? Would your hair return to its former glory?

I have designed a new protocol whereby I ask questions about the internal structure of the body such that the pathways to degeneration are identified and cleared, leaving the DNA, telomeres, stem cells, senescent cells and other identified players in the building blocks of age-defying health to be cleared of their blocks and misalignments, thereby allowing them to function as though the metabolic pathways have been macheted open providing a clear normal healthy intent. Rejuvenation? Reset? I think so.

