

SEA INSIDE

Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it."— Rumi

Testimonials

Knee Pain

"Thank you for last Tuesday, I felt the session went well. It worked [just as well via Skype as in person] being over at my friends as I found it easier to chill out afterwards.

I have to report that since Wednesday morning my left knee has been free of pain and working more easily for walking. . ."

Pam S.

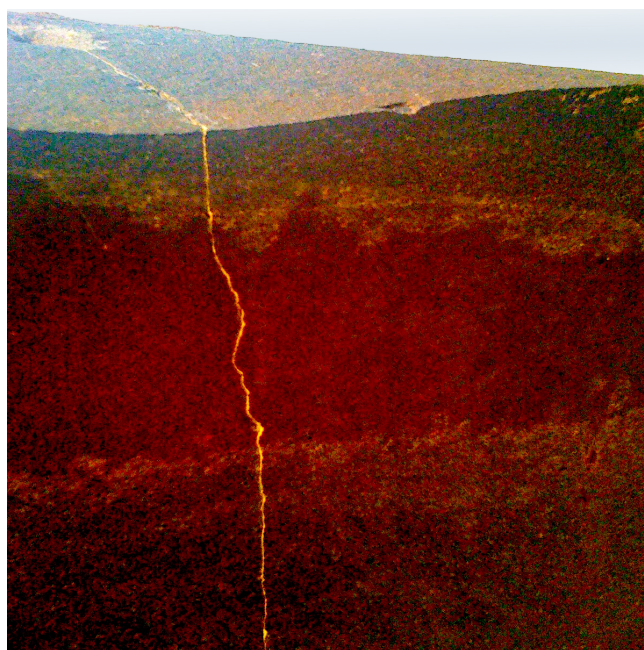
Heart Issues

"I don't know what you did, but my heart feels lighter and more at ease. It was so simple. One session!" Kathy T.

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Mission Statements

HOW TO DISCOVER THE RIGHT SOLUTION TO
BODY/EMOTION CODE QUESTIONS

Most of what is done via Body/Emotion Code is done via a binary response system. That means yes/no answers alone. I must say that sometimes I am taken 'off map' to my intuition that can involve karma, past lives, inherited blocks, etc. However, for simplicity, I will try to explain the power of wording the question right to get the most from the sessions. A session works best if we agree on a mission statement; a clear concise statement that defines what we want to achieve. Spirit, or the higher self, is articulate beyond means. Take for example, the statement "remove the cause of this disease". You

might get a no. But if instead you said, “remove the blocks and imbalances contributing to this disease” we will be able to work the whole session. To ask for one cause means there is no answer, but to open it up to what is contributing becomes a list, like dominos to knock down to allow pranic energy to flow and the higher self to fix the issue. I have created three ways to ask questions to be the most articulate.

One option possible is to establish the goal. This is future orientated. What do you want to achieve, feel like, exist as? What if your goal was that you achieved spiritual oneness, or were able to give unconditional love, or live in such a high vibration that nothing bothered you? These are all goals. The more clearly you can state what one goal is, the more focused your higher self can machete a pathway through the jungle of your trapped emotions and stored imbalances so that free flowing Pranic energy can attach the ‘conscious you’ to the goal as defined.

So how do we put that into a mission statement? We ask “what can I release today that will create—i.e.: optimum health for me?” See how that creates a bee line to the goal? We will then locate the event, emotion, imbalance, further narrowed down by age, and even sometimes even more information has to be gleaned, such as where, to pick the exact singular stored imbalance that is blocking your pathway.

The other option is to approach it as being an issue. This is present tense awareness. This can be things like “what is causing my depression” or “may we remove the cause of my knee pain?” By clearly defining the issue, we can remove, block by block, each brick to the wall, each crack in the stone that is responsible for the issue. Just like taking down a wall, you can’t remove one brick and squeeze through. You need to remove brick by brick to get to the place where free flowing pranic energy can repair the damage done.

Yet another approach is looking inside. This is best for those who have tried and tried to fix issues or achieve goals with no success. I have designed complete protocols (like recipes) of questions geared to unearthing the blocks that are keeping you from obtaining what you want. It might be abundance, weight issues, chronic fatigue, etc.

Questions like:

“Am I OK with ——i.e.: being recognised as financially independent?”

“Is it safe for me to ——i.e.: lose this extra weight?”

“Do I deserve—— i.e.: to be healthy? ”.

“Is having [this problem] serving me in some way?”

“Is [something] blocking me from achieving my goals?”

I am constantly surprised by how different the higher self responds to these questions than the conscious self. I am amazed how the removal of several emotions can completely remove the negative statements from existence, thereby allowing the flow of health or wealth or whatever is desired to enter and flourish.

This month's treat is a 'sit back and listen' presentation to help you to understand how Energy Healing works and specifically what happens to you in a Body Code Session.

Get the popcorn, grab a friend and relax for about 15 minutes while I take you on a journey....

<https://youtu.be/3rvoGyaHjYY>

The impact is life-changing. Send me an email if you have questions or want to book a session.



If you are considering buying the software or getting certified for Body Code or Emotion Code work and you would like to work with me while learning, you can follow this link:

https://discoverhealing.com/shop/ref/sfkyk/?campaign=MENTOR_OFFER_WITH_PURCHASE

Full Disclosure: It will cost you the same, but I will get a nominal payment. I will be available to answer questions in areas where you might feel confused. It is always better to have a guide on call. The catch is you must order via the link above!